

WOMEN EMPOWERMENT/MOTIVATIONAL SPEAKING TOPICS

1. Believe in the Power of You: Leveraging Your Personal Strengths

Everyone has strengths. No matter what, you bring value to the table. Women must learn to harness their inner power and discover how to empower themselves and others for career and personal fulfillment. A leader lives in everyone and knowledge of that will create opportunities.

Specific areas of discussion to include the following:

- Identifying personal strengths and opportunities
- Setting realistic and achievable career and life goals
- Achieving work-life balance for the modern day mommy
- Taking responsibility for your own development
- Stretching your comfort zone
- Learning to cultivate new business opportunities

2. The Power of a F.I.E.R.C.E Woman!

Even the most timid of women have a power deep inside that's ready to surface at any moment. Tapping in to your own personal power can be an experience you've never imagined.

A F.I.E.R.C.E Woman is ready to lead in her community, her professional, and her personal life.

Learn how to become a F.I.E.R.C.E Woman (Female, Inspiring, Empowering, Recognizing, & Cultivating Evolution). With confidence and grace you can accomplish anything.

Specific areas of discussion to include:

- Believe in the power of YOU without being overbearing
- Learn how to differentiate yourself in a competitive world
- Learn how to develop a personal presence that's sure to get you noticed
- Learn how you can lead and inspire others without them even knowing it
- Learn where to connect, engage, and develop powerful relationships

3. Dare to Dream: Achieving the Life You Always Dreamed Of

We are all born with dreams and aspirations. Each of us is equipped with unique gifts and talents yet many of us don't tap into these gifts for fear of failure. Women must dare to dream and believe that they can make their dreams come true if they just give themselves permission to believe that anything is possible.



Specific topics of discussion to include:

- How to create a personal vision for your life that gives you enthusiasm, passion and commitment.
- Learn why people get locked into behaviors that don't serve them and how to overcome them through intention and positive thinking.
- Learn how to get in, and stay in the driver's seat of your life.
- Learn how to use your thoughts to create the exact emotions, behaviors, and results that you want.